

Typical Day and Week in Placer Bonito

Week Schedule:

- Friday: **Construction Team:** Fly to Santo Domingo, Dominican Republic, late Friday night, arrive about noon on Saturday and travel to Placer Bonito.
Medical Team: Fly to Santo Domingo, Dominican Republic, early Friday morning, arrive about noon on Friday, spend the night in Santo Domingo and travel to Placer Bonito Saturday Morning.
- Sunday: Attend Church in Placer Bonito, Greeting with Community.
- Mon thru Thurs: Projects within community.
- Friday: Complete work projects, Community Farewell and pack for trip back to Santo Domingo.
- Saturday: Arrive in Santo Domingo, have lunch, visit market and Old Town, free time for beach and sight seeing. Team debrief and Sweat Hawg initiation ceremony Saturday evening.
- Sunday: Fly to Phoenix, arrive late evening

Daily Schedule:

- 7 AM: Rise and shine!! Personal devotional time
- 8 AM: Breakfast and Group Devotional
- 8:30 AM: Work on projects, home visits and training sessions
- 12:30 PM: Lunch prepared by community members and siesta
- 2 PM: Work on projects, home visits and training sessions
- 5 PM: Relationship activities
- 6 PM: Shower up and dinner
- 7:30 PM: Reflections on the day and plan for next day
- 10:00 PM: Lights out and quiet!